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## Self Defense Instructors

Modern crime and terrorism have made self defense a top priority for law enforcement agencies, governments, executives, corporations and the general population. Self defense training is undoubtedly a foremost need that can prevent and deter becoming a victim of diverse attacks.



However, it is important to note that due to the multi variable forms of attack inherent to our societies, conventional self defense training is limited in protecting law enforcement personnel and/or individuals in the extremely versatile scenarios they may face. Therefore, professional self defense training should be operational and fit all categories of attack in all potential environments.

For example, defending yourself or other passengers against a terrorist on an airplane requires specific training and techniques inherent to securing an airplane. It would be completely unprofessional to assume that an experienced martial artist could easily apply his techniques in a terrorist attack on a plane.

Condor's Self Defense Instructor course which is officially recognized by the Israeli Ministry of Defense, is specifically designed for law enforcement and security personnel seeking to develop the operational techniques for becoming a self defense instructor for security related situations that may be encountered by law enforcement agencies, executives, etc.

Theses subjects are listed in a generalized version and are not in chronological order. The list does not include subtopics. The main topics of the course include:

- Operational training in self defense tactics
- Take down techniques
- Arresting techniques
- Antiterrorist self defense techniques
- Vehicle self defense techniques
- Techniques of protecting another individual
- Disarming techniques
- Self defense in an airplane
- Self defense specific to executive protection
- Self defense techniques against edged weapons
- Knowledge of different weapons
- Self defense techniques against multiple attackers
- The use of different law enforcement weapons
- Anti rape self defense techniques
- Methods of professional instruction

- Instruction of self defense techniques specific to security related situations
- Risk and threat analysis with specific selection of operational solutions
- The building of training programs
- The building of simulation programs
- The instruction manual
- Methodology of instruction
- Professional instruction of techniques for specific functions:
  - Anti terror
  - Military
  - Naval security
  - Sky marshals
  - Body guards
  - Airports
  - Vehicle patrols
  - Bouncers
  - Concert halls
  - Shopping malls

Note: All techniques will be practiced and perfected by students prior to the instruction phase.

Remember: there is no bad student, only a bad instructor

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[BACK TO TOP](#) ↕