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Practical Unarmed Combat Specific to Security Related Situations



Our training system is specifically designed for neutralizing attacks related to the different security sectors such as Executive VIP protection, Anti terrorism, Anti kidnapping, Arresting techniques, Vehicle security, Armed attacks etc.

Condor offers courses in practical unarmed combat which are officially recognized by the Israeli Ministry of Defense. This training is designed for special units and security personnel wishing to learn effective Israeli methods of unarmed combat in different environments.

The techniques have been rigorously selected and tested through real life experiences in the military, police and private sectors. The training is very intense since it is specifically directed at the professional sectors of the security field. This system is not a sport. It is self defense and combat system that requires special physical, mental and operational capacities from its practitioners.

Condor has all the necessary facilities in order to instruct courses in Israel. These facilities include vast equipment, firing ranges, training camps, weapons, combat equipment, conference rooms, simulation centers, accommodation and all the logistical infrastructure required.



Condor provides consulting and training services at a client's requested destination.

These subjects are listed in a generalized version and are not in a chronological order. The list does not include sub topics. The main topics of the course include:

- Intense physical training in different environments
- Agressiveness and self control
- Pressure points
- Anatomy, physiology
- Violent and non violent neutralizations
- Night training
- Combat self defense against multiple opponents
- Operational behavior in different environments
- Combat shooting
- Disarming
- Armed and unarmed combat
- Combat simulations
- Combat after being injured
- VIP protection
- Self defense and combat in and out of vehicles
- Self defense in unconventional situations
- Self defense in high stress situations
- Mental and physical resistance training
- Arresting techniques
- Hostage neutralization techniques
- Dealing with drunk/drugged individual
- Weapon retention
- Protective techniques
- Techniques of combat in restaurants, bars, discoteques, leasure centers, malls
- Checking procedures
- Self defense in and out of a vehicle
- The use of natural weapons
- Neutralizing techniques
- Self defense in transportation networks (train, ship, bus, airplane)
- Routine body search and aggressive body search

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