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## Anti Kidnapping

Objectives of the course: to train professionals to prevent and counter criminal and terrorist forms of kidnapping. As well known, kidnapping has become a common and successful form of terrorist activity. Both civilians and soldiers have been victims of this tragic experience.



Once kidnapped an individual has very little chance of succeeding to escape. The reason is, that, kidnapers always beat and threaten the victim with all sorts of weapons, thereby leaving the victim helpless.

This sort of activity is usually pre-planned with extensive intelligence work. Upon kidnapping, the terrorist will transfer the victim somewhere in their territory and use him for a "hostage release deal".

Authorities will not cooperate with the terrorist's demands, and consequently, attempt to release the individual through a covert operation. Unfortunately in most cases, at this point, the individual is already killed.

The only chance the individual has of preventing or deterring such an attack is by his own strengths. This possibility is divided into two stages:

**Stage 1: In real time, at the site of the kidnapping.**

**Stage 2: While on move from the kidnapping site to the terrorists' territory.**

This course will teach you how to counter such kidnapping attacks. These topics are listed in a generalized version and are not in a chronological order. The list does not include sub topics. Some of the topics in this course include:

- Advanced antiterror martial arts.
- Advanced ability to take body blows.
- Physical fitness and coordination.
- Strong mental resistance training.

- Torture training.
- Quick counter reaction techniques.
- Falling from a car.
- Effective detection of potential terrorists and kidnapers.
- Self defense in a car.
- Shooting in and out of a car.
- Antitheft weapon techniques.
- Offensive and defensive driving.
- Escape techniques in enemy territory.
- Combat after being injured.
- Knife combat training.
- Advanced weapons training.
- Advanced disarming techniques.
- Unconventional shooting.
- The psychology of kidnapers.
- Dealing with multiple attackers.
- Sacrifice techniques of self inflicted pain in order to confuse enemy.
- Club, scissors, rope and axe combat training.
- Introduction to the weapons used by terrorists.
- Assassination techniques.
- Combat from a sitting down position.
- High-level stress situations.
- Defensive techniques from a lying down position.
- Night training.
- Antiterrorist unarmed combat techniques inside the car.

The course includes extensive lectures on international terrorism and terrorist's methods of training and operations. These lectures will be conducted by professional experts in the field of International Terrorism.

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